

First Responder Contract

First Responder Role: "A first responder has additional, specialized training that qualifies an ATS to assist in evaluation or recognition, initial treatment and disposition of an individual who is injured or suddenly takes ill. First responders are trained in first aid and CPR techniques. A first responder's responsibility includes referral to appropriate medical personnel or facility. An ATS who is unsupervised must function only as a first responder. This may include activities such as prophylactic taping, stretching, first aid and referral of injured/ill athletes. Other athletic training functions such as return to play decisions, modality or rehabilitation treatments are out of the realm of the first responder."

Acceptable Responsibilities: The responsibilities of an athletic training student acting without the direct supervision of a certified athletic trainer are limited to the following:

1. Application of all first aid skills for the treatment of acute injuries including;
 - RICE
 - Blister or wound care
 - Bandaging or wound care
2. Application of all CPR related skills.
3. Provide assistance to the athlete with the application of a stretching program, but may not establish a new program.
4. Application of tape to prevent an injury and support an existing injury.
5. Application of a brace already being used.
6. Application of a splint that has been previously applied to the athlete for the same injury.
7. Conduct a history evaluation to determine the need for splinting, bracing, or crutch use for safe referral.
8. Conduct a brief injury assessment to determine the need for splinting, bracing, or crutch use for safe referral.
9. Application of heat or ice per protocols.
10. Documentation of action and/or care given
11. Refer injured athlete to appropriate medical help of facility.

Unacceptable Responsibilities:

1. An athletic training student may not provide any service that is not clearly an identified acceptable responsibility without prior written/verbal instruction, consent, and/or guidance by the supervising certified athletic trainer. This includes, but not limited to the following:
 - Initiate, change, progress a rehabilitation plan.
 - Use electrical or sound modalities.
 - Conduct a full, new evaluation of an injury.
 - Making return to play decisions.
2. Without supervision, performance expectations and restrictions of the student can be compared to those of a coach traveling with the team unaccompanied by a certified athletic trainer. The athletic training student shall consult with his/her clinical/field supervisor by telephone, and or the host certified athletic trainer for final evaluation and referral of an athlete when traveling with an athletic team.

I certify that I, _____ have read and understand the role and responsibilities associated with a First Responder.

Signature of the student: _____ Date: _____

ATEP program director: _____ Date: _____